

# CAREFREE

## ARIZONA



4:05 p.m. Arizona Local Time

### Summary of UCFD/Carefree Water Company meeting of July 27<sup>th</sup>

The Town of Carefree UCFD and the Carefree Water Company held a joint meeting on July 27<sup>th</sup>. The purpose of this Public Hearing was to review, discuss and approve all of the remaining elements and documents required to issue Water System Revenue Bonds to fund the water consolidation as well as improvements to the existing Carefree Water Company system.

The Directors approved all elements necessary for the issuance of the Revenue Bonds in the principal amount of \$18,425,000, for a 30-year term and at an expected true interest rate of between 2.75% and 3.0% although based on current market conditions, it is anticipated the true interest rate will be below this benchmark.

A digital recording of this meeting can be viewed on the Town of Carefree YouTube Channel: [UCFD/Carefree Water Company Meeting of July 27th, 2021](#)

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### Healing of Memories Workshop for Women Veterans

Announcing an in-person Healing of Memories Workshop for Women Veterans. It will be held at Spirit in the Desert Retreat Center in Carefree, AZ on **September 3-5, 2021**. The workshop is devoted to women vets only and will provide them with a safe experiential and interactive way to address anger, loss, grief, and guilt. The workshop is **free of charge** to any woman service member or veteran, including all meals and two nights lodging. **It begins with dinner at 6 pm on Friday, September 3, and ends at 1 pm on Sunday, September 5.** People who have attended this workshop say that it was a major step in their healing from their psychological and spiritual wounds. Transportation will be provided to those who need it.

In order to ensure the safety of the participants and facilitators at this workshop, we will be following the CDC Coronavirus Guidelines and will be employing additional safety precautions. All participants will be provided their own private rooms.

The Healing of Memories Workshop was created by Father Michael Lapsley, an Anglican missionary priest, who in 1990 suffered the loss of his hands and the sight in one eye from a letter bomb that was sent to him in Zimbabwe by a supporter of the pro-apartheid government in South Africa. After a long recovery from the bombing, Father Lapsley decided to dedicate his life to helping victims of emotional, psychological, and spiritual wounds inflicted by war, human rights abuses, and other traumatic circumstances.

Any woman service member or veteran who is interested in the workshop may find out more information or register free for the workshop by contacting Mike Wold, US Navy Veteran, and workshop coordinator, at 651-687-9767.

For more information see: [Healing of Memories Workshop for Women Veterans: A Desert Sojourn Retreat • Spirit In the Desert](#)



## HEALING OF MEMORIES WORKSHOP FOR WOMEN VETERANS

*A safe place for participants to explore personal histories and gain insight and empathy for themselves and others.*

This Institute for Healing of Memories workshop is a response to the emotional, psychological and spiritual wounds inflicted by war, human rights abuses and other life-changing traumatic circumstances. This life-changing workshop is proven to help participants learn ways to overcome anger, loss, grief and guilt. Not only is it a step on the journey to personal healing, but also it contributes to the healing of interpersonal relationships.

### RAVES FOR HEALING OF MEMORIES

*"I met a woman veteran who lives close to me. I can't wait to [connect] so we can support each other's emotional needs."*

*"I felt ... compassion, camaradery, community, non judgment."*

*"I got in touch with some deep emotions in the drawing session."*

### WHEN

**September 3 - 5, 2021**

Friday 6:00 pm - Sunday 2:00 pm

### WHERE

**Spirit in the Desert**

7415 E Elbow Bend, Carefree, AZ 85377

### COST

**FREE to Women Veterans**

### REGISTER

**Call (651) 687-9767**

**Mike Wold,**  
U.S. Navy vet & workshop coordinator

### COVID PROTOCOLS WILL BE FOLLOWED ENSURING SAFETY FOR ALL



Graciela Marroquin served 14 years in the military, beginning in 1992, as a plane captain in the U.S. Navy. She then transferred into the Army National Guard, and in 2004 served in Baghdad, Iraq, as a combat medic. As a post-traumatic-stress "Victor," she is pursuing her doctoral degree in clinical psychology, with an emphasis on trauma, stress, resiliency, and moral conflict/injury. She has been a Healing of Memories facilitator in the Phoenix area for two years.



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